

Rotary

District 3141



CREATE HOPE  
in the WORLD

# Incredible Bombay Mahakali Heights NEWS

## NEWSLETTER

### OCTOBER 2023



# President Speaks ...

**Dear Fellow Rotarians,**

As we step into the month of November, the spirit of Rotary shines brighter than ever. It's time for reflection, gratitude, and renewed dedication to our core principle: "Service Above Self."

This November, Let's continue our journey of making a difference in the lives of those less fortunate. Our club has consistently demonstrated an unwavering commitment to social work, and this month is no exception. The impact we create through our projects and initiatives is a testament to our collective compassion and dedication.

From our ongoing support for education and healthcare to our endeavours in community development and disaster relief, we are truly exemplifying the values of Rotary. Every act of service, no matter how big or small, contributes to the greater good of our community and the world at large.

Our commitment to "Service Above Self" is not just a motto; it's way of life. It's what defines us as Rotarians. Let's continue to inspire one another, as well as our community, with our tireless dedication to service and our unwavering belief in a better, more compassionate world.

I am deeply proud of each one of you for your passion and commitment. Together, let's keep our Rotary Club of Bombay Mahakali Heights shining as a beacon of hope and service.

**Yours in service,**

**Rtn. Pinkky Rajgarhiya.**

**Rotary Club of Bombay Mahakali Heights.**



# HELPING HIV POSITIVE GIRLS

**DATE:** 1st Oct, 2023  
**BENEFICIARIES:** 34  
**AMOUNT (Rs):** 2,200/-



**Sharing fruits and cakes with residents of  
Desire Society**



**Lunch provided for 15 days**

**In collaboration  
with Chingari  
Shakti  
Foundation & RC  
Biratnagar  
distributing food  
to Devotees**

**DATE:** 2nd Oct, 2023  
**BENEFICIARIES:** 100  
**AMOUNT (Rs):** 75,000/-

# Snacks distributed to children of VDIS School

DATE: 3rd Oct, 2023

BENEFICIARIES: 600

AMOUNT (Rs): 12,000/-

# Co Parenting

DATE: 3rd Oct, 2023

BENEFICIARIES: 30

AMOUNT (Rs): 300,000/-

Rtn. Pinky Rajgariya adopted 30 children of VDIS School

# Pens for Angel Express Children

DATE: 3rd Oct, 2023

BENEFICIARIES: 200

AMOUNT (Rs): nil

Distributed pens to children of Angel Express

# Dental Health Check Up

In collaboration with RC Biratnagar Central, Nepal

DATE: 5th Oct, 2023

BENEFICIARIES: 85

AMOUNT (Rs): 15,000/-



Conducted Dental Health Check Up Camp for students of Shree Narayan Adharbhut Vidyalaya, Nepal

# Eye Check Up Camp

Conducted Eye Check Up Camp at Maruti School

The result was 126 (Normal), 11( Dialatation,1(Spect)



DATE: 7th Oct, 2023

BENEFICIARIES: 138

AMOUNT (Rs): 840/-

# Mental Health Awareness Walkathon

Co Host RCBMH along with other 7 clubs

Guest of Honour: Dr Heena Merchant

Talk by Dr. Henal Shah

DATE: 8th Oct, 2023

BENEFICIARIES: 200

AMOUNT (Rs): 5,000/-



## International Project

## Mental Health Awareness Campaign

### Peaceful Minds

### 3 Events

DATE: 9th Oct, 2023

BENEFICIARIES: 260

AMOUNT (Rs): 30,000/-



1. Yes Youth Empowerment Seminar at Cobass College
2. A talk Show for students of Amity International School.
3. A Talk Show for the Youth of Sasthm College

# Distribution of Sanitary Napkins to the inmates of Desire Society

Co Host RCBMH along with RC of Biratnagar Central, Nepal.

DATE: 10th Oct, 2023

BENEFICIARIES: 32 girls

AMOUNT (Rs): 10,000/-

Rotary District Dandiya with talented singers. RCBMH was Gold Co - Host.

14 RC Clubs joined

DATE: 12th Oct, 2023

BENEFICIARIES: -

AMOUNT (Rs): 6,000/-





# Blood Donation Camp

15 RC Clubs jointly hosted

DATE: 14th Oct, 2023

BENEFICIARIES: -118 units

AMOUNT (Rs): 1,300/-



# E - Waste Collected

DATE: 14th Oct, 2023

WEIGHT: 74.350 Kg



# Branding & Public Image Building

Rtn. Pinky Rajgariya invited as the Guest of Honor on the Women's Entrepreneurs Enclave , an organisation uniting 8600 remarkable women entrepreneurs.

DATE: 14th Oct, 2023



# Health Check Up Camp



**Health Check Up Camp by team of Doctors and Staff from Nanavati Hospital of the residents of Lodha Eternis CHS Ltd.**

**DATE: 14th Oct, 2023**  
**BENEFICIARIES: -51**  
**AMOUNT (Rs): 18,000/-**

## Sanitary Napkins distribution



**RCBMH and RC Biratnagar Central (Nepal) distributed 400 sanitary napkins at Maruti School Andheri (East)**



**DATE: 19th Oct, 2023**  
**BENEFICIARIES: -100 girls**  
**AMOUNT (Rs): 12,000/-**

# Yoga and Mediatation Session



**RCBMH in collaboration with Chingari Shakti Foundation organised Yoga & Meditation session for children of Malvani slum. They were provided with milk packets.**



**DATE: 20th Oct, 2023**  
**BENEFICIARIES: -100**  
**AMOUNT (Rs): 5,000/-**

## International Project "Sathi"



**RCBMH in collaboration with RC Biratnagar distributed durable mats made from discarded rubber slippers and scraps in the adapted village by RC Biratnagar Club.**

**DATE: 20th Oct, 2023**  
**BENEFICIARIES: -65**  
**AMOUNT (Rs): 20,000/-**

# Bird Feeders Project

Installation of seven Bird Feeders in  
Lodha Eternis Society, Andheri  
East.

DATE: 20th Oct, 2023  
AMOUNT (Rs): 1,400/-



# Celebration of Navaratri Festival

Rtn. Pinkky Rajgariya  
celebrated Navaratri  
festival with special  
children of VDIS school  
at Malad (West) The  
specially abled children  
entertained the audience  
with music, dance and  
singing.



DATE: 21st Oct, 2023  
BENEFICIARIES: -300  
AMOUNT (Rs): 7,000/-/-

President:  
Rtn Pinkky  
Rajgariya

ROTARY CLUB OF  
BOMBAY MAHAKALI  
HEIGHTS



R.C.MARUTI JR.  
COLLEGE OF  
COMMERCE

Project Incharge:  
Dr. Sunita  
Sharma

Conducted Workshop for Girls Titled " SMART GIRL"  
On 26th October & 27th October 2023  
from 11.00 a.m. - 5.00 p.m.

The Trainer Ratnakar Mahajan conducted six Life Changing Sessions for  
Girls on



- Self Awareness
- Self Esteem and Self Defence
- Menstruation and Hygiene
- Choices and Decisions
- Friendship and Temptations.
- Communication and Relationships



Langar for TGE & Project  
Annapurna

DATE: 26th October 2023

BENEFICIARIES:1000

AMOUNT (Rs): 200000/-

DATE: 26 & 27th Oct, 2023

BENEFICIARIES: -50

AMOUNT (Rs): 6,000/-/-





RCBMH & RC of Bombay North West had a joint meeting in which Speaker RJ AnirudhChawla who authored a book on Lata Mangeshkar addressed everyone present.

**DATE: 27th Oct, 2023**

**BENEFICIARIES: -04**

**AMOUNT (Rs): 10,000/-/-**

**Differently abled Children of VDIS School were distributed Tiffins, Banana and Frooti.**



**DATE: 27th Oct, 2023**

**BENEFICIARIES: -300**

**AMOUNT (Rs): 33,500/-**

# RYLA

RCBMH LEAD CLUB ALONG WITH 12 OTHER  
ROTARY CLUBS OF DISTRICT 3141 GOT  
TOGETHER.

AND ORGANISED RYLA 2023.

120 Rotaractors of other Colleges attended the  
Program.

CHIEF GUEST: Mr. Sudhir Widge



Leadership Ladder for Young Indians

DATE: 28th Oct, 2023

BENEFICIARIES: 120

AMOUNT (Rs): 1,75,424/

# Hearing Aid Project



DATE: 28th Oct, 2023

BENEFICIARIES: -04

AMOUNT (Rs): 2,000/-

## Workshop at R.C. Maruti Junior College of Commerce and Science



**Workshop on Guidance for  
Competitive Examinations  
Resource Person: Ms. Avina  
Suthar.**

DATE: 31st Oct, 2023

BENEFICIARIES: -29

AMOUNT (Rs): Nil